

Appointment, Cancellation & Payment Policy

In order to familiarize you with the financial policy of **Harmony Acupuncture Chinese Medicine, Inc.**, we would like to explain how your visits and medical bills will be handled at this office.

Appointments

We highly recommend scheduling your appointments in advance to get the appointment times you desire, to save valuable time in our office, and to give us a chance to prepare for your visit for a better treatment experience.

Cancellation

- Our office has a **24 hour cancellation policy**. If you **miss** your appointment or **cancel** your appointment with less than 24 hour notice, you will be charged the **full cost of the service**. If you **change** your appointment with less than 24 hour notice, you will be charged **\$35**.
- This policy is in place out of respect for our practitioner and our patients. This allows us enough time to schedule another patient trying to get in for care.

Payment Arrangements

- Payments are **due at the time of services**, *unless other arrangement being made between our office and patient prior to the treatment*. Our office accepts Credit Cards or Cash.
- **Patients with insurance**: We require that you pay 100% of your charges on each visit until your insurance payment has been verified. Copays are collected at each visit. Any unpaid balances will be considered past due 30 days following insurance reimbursement. You also agree that when you have not paid in full to the provider, any check sent to you will be brought in to the provider to pay the remaining balance.

Insurance Coverage

Many insurance policies do cover acupuncture care but this office makes no representation that yours does. Insurance policies may vary greatly in terms of deductible and percentage of coverage for acupuncture care. Because of the variance from one insurance policy to another, we require that you, the patient, be personally responsible for the payment of your deductibles, as well as any unpaid balances in this office. We will do our best to verify your insurance coverage, and will bill your insurance in a timely manner.

Assignment of Benefits

I am authorizing payment of medical benefits to be made directly to this office. If my insurance carrier sends payment to me for services incurred in this office, I agree to send or bring those payments to this office upon receipt. I understand that I am financially responsible for charges not paid according to this assignment.

Release of Information

I am also authorizing this office upon request from my insurance carrier the release of any medical or other information necessary to process the claim. I also acknowledge and request payment of government benefits either to myself or to the party who accepts assignment, namely this office.

Voluntary Termination of Care

If I suspend or terminate care at any time, my portion of all charges for professional services is immediately due and payable to this office. All services rendered by this office are charged directly to me, and I ultimately will be personally responsible for payment regardless of insurance coverage.

I have read and agree to the above.

Print Name: _____
LAST, First

Relationship to Patient: _____

Signature: _____

Date: _____

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Patient's Name: _____ Age: _____ Date: ____ / ____ / ____
Weight: _____ lbs Height _____ HR: _____ BP: _____

Present Illness

Reason for today's visit (Chief Complaint): _____

What caused this condition? _____

Condition related to auto accident? (Yes) (No) Related to employment? (Yes) (No) Employer: _____

How long have you had this condition? _____ Is it getting worse? (Yes) (No)

What makes it feel better? _____

What makes it feel worse? _____

Are you currently under the care of another physician for this condition? (Yes) (No)

If yes, who? _____ How long under his/her care? _____

Medical History

Have you had acupuncture before? (Yes) (No); If yes, when was your last treatment, what for? _____

Prescription medications you're currently taking:

| <i>Name:</i> | <i>Dosage/Times:</i> | <i>Purpose:</i> |
|--------------|----------------------|-----------------|
| _____ | _____ | _____ |
| _____ | (per day) | _____ |
| _____ | _____ | _____ |

Vitamins/ Supplements / Herbal Prescription you're currently taking: _____

Please list all past surgeries: _____

Please list all allergies: *Environmental:* _____

Foods: _____

Foods / Drinks that you have sensitivity to: _____

Are you a vegetarian? (Yes) (No) Coffee/Caffeine frequency per day: _____

Cigarette frequency per week: _____ Alcohol type / frequency per week: _____

Marijuana frequency per week: _____ Other recreational drugs / frequency: _____

Do you exercise? (Yes) (No) Type: _____ Frequency per week: _____

Please check/circle any of the following conditions you have or have had in the past (**P** for past, **C** for current):

Stress: (Heavy) (Moderate) (Light) (None)

Insomnia: ___Difficult to fall in sleep ___Dream disturbed sleep ___Wake up at night ___Wake up early Other: _____

___**Fatigue** ___**Body heaviness** ___**Low energy:** (Morning) (All Day) Other: _____

| | | | | |
|--------------------|---------------------|--------------|--------------------|-------------------------|
| ___Accident Trauma | ___Arteriosclerosis | ___Epilepsy | ___Measles | ___Scarlet Fever |
| ___AIDS/HIV | ___Cancer | ___Goiter | ___Mult. Sclerosis | ___Thyroid Disease |
| ___Alcoholism | ___Chicken Pox | ___Gout | ___Mumps | ___Tuberculosis |
| ___Allergies | ___Diabetes | ___Hepatitis | ___Pleurisy | ___Typhoid Fever |
| ___Appendicitis | ___Drug Addiction | ___Herpes | ___Polio | ___Venereal Disease/STD |

Other General Symptoms/Conditions

| | | | | | |
|-----------------------|------------------------|-----------------|-----------------------|-------------|------------|
| ___Poor appetite | ___Shortness of breath | ___Sweat easily | ___Headache (HA): | ___Migraine | ___Tension |
| ___Heavy appetite | ___Poor circulation | ___Night sweats | Other HA: _____ | | |
| ___Recent weight loss | ___Cold hands/ feet | ___Hot flashes | ___Vertigo/ Dizziness | | |
| ___Recent weight gain | ___Chills ___Fever | ___Anemia | ___Low WBC count | | |

Neuropsychological

| | | | | |
|--------------------|-----------------|----------------|------------------|----------------------------------|
| ___Depression | ___Anxiety | ___Bipolar | ___Schizophrenia | ___Abuse survivor |
| ___Easily stressed | ___Numbness | ___Seizures | ___fainting | ___Considered/ attempted suicide |
| ___Poor memory | ___Irritability | ___Tics/twitch | Other: _____ | |

___Seeing a psychiatrist/therapist? Name of the physician: _____

Metabolic Health

| | | | | | |
|--|-----------------|-----------|-----------|-------------|--------------|
| ___Diabetes mellitus (Type 1) (Type 2) | Family history: | ___Mother | ___Father | ___Siblings | Other: _____ |
| ___Hypertension (high blood pressure) | | ___Mother | ___Father | ___Siblings | Other: _____ |
| ___Hyperlipidemia (high cholesterol) | | ___Mother | ___Father | ___Siblings | Other: _____ |

Gastrointestinal

| | | | | |
|-----------------------|---------------|-----------------|---------------------------|--------------------|
| ___Acid regurgitation | ___Nausea | ___Laxative use | ___Intestinal pain/cramps | ___Black stools |
| ___Hiccups | ___Vomiting | ___Constipation | ___Rectal pain | ___Blood in stools |
| ___Gas | ___Bad breath | ___Hemorrhoids | ___Itchy/burning anus | ___Mucus in stools |
| ___Bloating | ___Ulcers | ___Diarrhea | ___Anal fissure | ___IBS |

Bowel Movements (frequency/day): _____

Musculoskeletal

Muscle pain ___Fibromyalgia ___Body ache ___Neck pain ___Upper back pain ___Lower back pain ___Sciatic
___Abdomen pain Other: _____

___Muscle weakness ___Muscle cramps/Spasms ___Limited ROM (range of motion) at: _____

Joint pain ___Shoulder pain ___Knee pain ___TMJ Other: _____

Skin and hair

| | | | | |
|-------------|--------------|----------------------|-----------------|-------------|
| ___Acne | ___Eczema | ___Itching skin | ___Rashes/Hives | ___Dry skin |
| ___Dandruff | ___Psoriasis | ___Fungal infections | ___Hair loss | |

Head, Eyes, Ears, Nose, and Throat

- | | | | | |
|--|--|--|--|--|
| <input type="checkbox"/> Eye strain/pain | <input type="checkbox"/> Red eyes | <input type="checkbox"/> Nose bleeds | <input type="checkbox"/> Excess saliva | <input type="checkbox"/> Gum problems |
| <input type="checkbox"/> Poor vision | <input type="checkbox"/> Ear aches | <input type="checkbox"/> Sinus problems | <input type="checkbox"/> Excess phlegm | <input type="checkbox"/> Enlarged thyroid |
| <input type="checkbox"/> Night blindness | <input type="checkbox"/> Ear itchiness | <input type="checkbox"/> Dry mouth | <input type="checkbox"/> Sores on tongue | <input type="checkbox"/> Swollen glands |
| <input type="checkbox"/> Cataracts | <input type="checkbox"/> Poor hearing | <input type="checkbox"/> Lumps in throat | <input type="checkbox"/> Grinding teeth | <input type="checkbox"/> Headaches |
| <input type="checkbox"/> Glaucoma | <input type="checkbox"/> Ringing in ears | <input type="checkbox"/> Sore throat | <input type="checkbox"/> Teeth problems | <input type="checkbox"/> Vertigo/Dizziness |

Respiratory

- | | | | |
|---|--|---|--|
| <input type="checkbox"/> Asthma/ Wheezing | <input type="checkbox"/> Shortness of breath | <input type="checkbox"/> Cough- wet / dry | <input type="checkbox"/> Sputum: (thick) (watery) |
| <input type="checkbox"/> Pneumonia | <input type="checkbox"/> Tightness in Chest | <input type="checkbox"/> Coughing blood | <input type="checkbox"/> Difficulty breathing, when? _____ |

Cardiovascular- Hematologic

- | | | | |
|--|--|---|--|
| <input type="checkbox"/> Heart palpitations | <input type="checkbox"/> Chest pain | <input type="checkbox"/> Stroke | <input type="checkbox"/> Bleeding disorder |
| <input type="checkbox"/> Tachycardia (fast HR) | <input type="checkbox"/> High blood pressure | <input type="checkbox"/> Pacemaker | <input type="checkbox"/> Blood clots |
| <input type="checkbox"/> Irregular heart beat | <input type="checkbox"/> Low blood pressure | <input type="checkbox"/> Prosthetic heart valve | <input type="checkbox"/> Anticoagulation therapy |

Genito-Urinary

- | | | | |
|---|---|---|--|
| <input type="checkbox"/> Frequent urination | <input type="checkbox"/> Unable to hold urine | <input type="checkbox"/> Venereal disease/Sexual Transmitted D. | <u>For male patients only</u> |
| <input type="checkbox"/> Painful urination | <input type="checkbox"/> Bed wetting | <input type="checkbox"/> Kidney stones | <input type="checkbox"/> Nocturnal emissions |
| <input type="checkbox"/> Night time urination | <input type="checkbox"/> Excessive libido | <input type="checkbox"/> Blood in urine | <input type="checkbox"/> Premature ejaculation |
| <input type="checkbox"/> Urgent urination | <input type="checkbox"/> Decreased libido | <input type="checkbox"/> Cloudy urine | <input type="checkbox"/> Impotence |
| | | | <input type="checkbox"/> Enlarged prostate |

Any other symptoms & conditions you would like to discuss & work on:

For female patients only - Gynecological history

Are you currently pregnant? (Yes) (No) If yes, how many weeks? _____

Are you planning to conceive? (Yes) (No) If yes, how long have you tried? _____ Are you doing IVF/IUI? _____

Have you pregnant before? (Yes) (No) If yes, how many live births? _____

Have you had miscarriage before? (Yes) (No) If yes, how many? _____

Menopause? Yes (At what age? _____) If yes, do you have: (hot flashes) (night sweat) (insomnia) other: _____

No (If no, answer menstruation questions below)

Menstruation: Age menses began _____ years old Date menses last began _____

Length of cycle _____ days How many days between cycles _____ days or (irregular)

Flow: Heavy Moderate Light Spotting between cycles

Color: Pale red Dull red Red Bright red Brown Clots? (Yes) (No)

Do you have abdomen pain? (Yes) (No) If yes, when? (Before) (During) (After)

PMS signs: (mood swings) (tender breasts) (food cravings) (fatigue) Other: _____

Vaginal discharge: Dry Clear Sticky White Yellow Red Smell

Any of these symptoms/conditions? Breast lumps Breast distention/pain Endometriosis PCOS

Consent Form

Contraindications (symptoms or conditions that make a particular treatment inadvisable) for acupuncture treatment and certain herbs include a **history of bleeding disorder or current anticoagulation therapy, implanted pacemaker or prosthetic heart valve, use of medications, and/or pregnancy**. It is important that you notify your practitioner if any of these apply to you. **Please read each item to acknowledge that you have read the entire statement.**

I understand that the diagnosis given to me conforms to the principles of Traditional Chinese Medicine (TCM), and in no way purports to replace allopathic medical evaluation, diagnosis, or treatment.

I have provided a full history and description of the complaints and health status which is complete and accurate. I understand the need for communication with all of my health care providers regarding my health status is ongoing and necessary.

Pregnancy: I will immediately notify the treating provider should I become pregnant or if I am in the process of trying to become pregnant, so that my practitioner can avoid using acupuncture points and herbs that could induce miscarriage. Otherwise, Chinese medicine treatment can be very beneficial during the pregnancy.

I understand that no guarantee has been made concerning the use and effects of Traditional Chinese Medicine. I understand that in some cases, symptoms may release or intensify temporarily during the course of treatment before relief is sustained.

I understand that I may stop treatment at any time.

I understand that while this document describes major risk of treatment, other side effects and risks may occur.

Acupuncture: I understand that it is a technique using small, sterile, stainless steel needles inserted at specific points in the body, causing a positive response in order to correct various ailments. The location and the application of the needles and the depth of the needle insertion is determined by the nature of the problem. I understand that the application of these needles may be accompanied by a brief painful sensation, and that there is a slight possibility of minor swelling, bleeding, discoloration of the skin, hematoma, a bruise at the site of needling, or fainting. Momentary euphoria or light headedness may occur after treatment. Some very rare risks of acupuncture include spontaneous abortion, pneumothorax (air in the chest cavity that caused a collapsed lung) and infection.

Moxibustion: I understand that this is the application of indirect heat supplied by burning the herb Folium Artemisiae Vulgaris over a single acupuncture point or group of points. This generally produces a sensation of relaxation. The area being treated may remain red and warm for several hours after treatment. In rare incidences, a minor burn may occur at the site of maxibustion.

Cupping/Gua Sha: I understand that cupping is the application of round vacuum cups over a large muscular area such as the back, Gua Sha is the application of a smooth object such as a porcelain spoon over muscular area. I understand that I may be given Cupping and/or Gua Sha to enhance blood circulation to the designated area. These methods may produce a **deep redness, discoloration, minor skin bruising, and on rare occasions, a minor blister** which may persist for up to a week. These marks may resolve on their own and are not indications of complications or injury. Some patients experience temporary indentation of their skin after Gua Sha treatment, and in some instances minor bleeding can occur. If any bleeding occurs, there is an associated risk of infection.

Infrared and TDP (Teding Diancibo Pu) lamp therapy: I understand that these therapies consist of warming the skin with a heat source mounted to an adjustable arm and positioned above the body. If the heat source comes into close proximity with or contacts the skin, there is the risk of a burn.

Herbs and/or Nutritional Supplements: I understand that substances from the Oriental Materia Medica may be recommended to me to treat bodily dysfunction, to modify or prevent pain perception, and to normalize the body's own

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restorative process. The herbs are usually taken in tea form or mixing powdered granules. I understand that I am not required to take these substances but, if I do decide to take these substances, I must follow the direction for administration and dosage.

I understand that recommended herbs are traditionally considered safe in the practice of TMC, although some may be toxic in large doses. I understand that some dietary supplements are inappropriate during pregnancy, may interact with medications or other supplements, may have side effects of their own, or may contain potentially harmful ingredients not listed on the label. I also understand that most supplements have not been tested in pregnant women, nursing mothers, or children. Potential risks include but are not limited to: allergic reactions, nausea, gas, stomachache, vomiting, headache, diarrhea, changes in bowel movement, rash, hives, and tingling of the tongue, and the possible aggravation of symptoms existing prior to herbal treatment. Some possible side effects of applying topical creams, liniments, ointments and plasters are rashes, hives and tingling of the skin. I will immediately notify my practitioner and suspend taking them if any unanticipated or unpleasant effects associated with herb or supplement treatment.

Acupressure/Tui Na Massage: I understand that I may be given acupressure massage as part of my treatment to modify or prevent pain perception and to normalize the body's physiologic functions. I am aware that side effects that may result from this treatment include, but are not limited to: bruising, muscle soreness, and the possible aggravation of symptoms existing prior to treatment.

I understand that it is not possible to anticipate and explain all risks and complications. I understand and agree that my practitioner will exercise judgment during the course of treatment which they feel at the time, based on the facts known to them, is in the best interest of me as a patient.

I hereby state that I have read and understand this form, that I have been given an opportunity to ask questions, and that all questions have been answered in a satisfactory manner. I wish to proceed with Traditional Chinese Medicine and Acupuncture Treatment. I understand that I am free to withdraw my consent to treatment at any time.

Patient Name: _____
LAST, First

Signature: _____

Date: _____

If signed by person authorized to consent on behalf of the patient, please indicate name and relationship to patient.

Authorized Person: _____
LAST, First

Relationship: _____

Notice of Privacy Practices (HIPPA)

THIS NOTICE DESCRIBES HOW YOUR MEDICAL INFORMATION MAY BE USED AND DISCLOSED AND HOW YOU CAN GET ACCESS TO THIS INFORMATION.

Harmony Acupuncture Chinese Medicine, Inc. is required, by law, to maintain the privacy and confidentiality of your protected health information and to provide our patients with notice of our legal duties and privacy practices with respect to your protected health information.

Disclosure of your Health Care Information

Treatment

We may disclose your health care information to other healthcare professionals within our practice for the purpose of treatment, payment or healthcare operations.

*“It is our policy to provide a substitute health care provider, authorized by **Harmony Acupuncture Chinese Medicine, Inc.**, to provide assessment and/or treatment to our patients, without advanced notice, in the event of your primary health care provider’s absence due to vacation, sickness, or other emergency situation.”*

Payment

We may disclose your health information to your insurance provider for the purpose of payment or health care operations.

If payment is not made as arranged, our office may utilize an outside collection agency, credit reporting agency or other means of collecting outstanding debt. The designated collection agency or authority may review your file containing protected health care information.

Workers’ Compensation

If applicable, we may disclose your health information as necessary to comply with state Workers’ Compensation Laws.

Emergencies

We may disclose your health information to notify or assist in notifying a family member, or another person responsible for your care, about your medical condition or in the event of an emergency or of your death.

Public Health

As required by law, we may disclose your health information to public health authorities for purposes related to: preventing or controlling disease, injury or disability; reporting disease or infection exposure; reporting child abuse or neglect; reporting elder or dependent adult abuse; reporting domestic violence; and reporting to the Food and Drug Administration problems with products and reactions to medications.

Judicial and Administrative Proceedings

We may disclose your health information in the course of any administrative or judicial proceeding.

Law Enforcement

We may disclose your health information to a law enforcement official for purposes such as identifying or locating a suspect, fugitive, material witness or missing person, complying with a court order or subpoena and other law enforcement purposes.

Deceased Persons

We may disclose your health information to coroners or medical examiners.

Organ Donation & Research

Though highly unlikely or probable we must inform you that there may be a need to release your health information to organizations involved in procuring, banking or transplanting organs and tissues, or to researchers conducting research that has been approved by an Institutional Review Board.

Specialized Government Agencies

We may disclose your health information for military, national security, prisoner and government benefits purposes.

